



**THE AMERICAN
BOARD OF SURGERY**

FOCUSED PRACTICE DESIGNATION IN METABOLIC AND BARIATRIC SURGERY
CONTENT OUTLINE FOR THE METABOLIC AND BARIATRIC SURGERY
FOCUSED PRACTICE DESIGNATION EXAMINATION

TOPIC	WEIGHT*
<i>I. SCIENCE OF OBESITY, METABOLIC DISEASE AND RELATED CONDITIONS INCLUDING SCIENCE OF BARIATRIC METABOLIC INTERVENTIONS</i>	7.5%
A. EPIDEMIOLOGY OF OBESITY AND DISCRIMINATION IN OBESITY	
B. PATHOPHYSIOLOGY OF OBESITY AND OBESITY-RELATED DISEASE	
<i>II. PREOPERATIVE ASSESSMENT AND MANAGEMENT OF THE BARIATRIC PATIENT</i>	30%
A. INDICATIONS AND CONTRAINDICATIONS FOR BARIATRIC SURGERY AND INTERVENTIONS	
B. ANESTHETIC CONSIDERATIONS	
C. PREOPERATIVE ASSESSMENT	
D. ENDOSCOPIC ASSESSMENT	
E. PREOPERATIVE CARE OF THE BARIATRIC PATIENT	
F. COMPONENTS OF A METABOLIC AND BARIATRIC SURGERY CENTER	
<i>III. OPERATIONS AND INTERVENTIONS TO TREAT OBESITY AND METABOLIC DISEASE</i>	25%
A. VARIOUS PROCEDURES AND RECONSTRUCTION OF THE GI TRACT – METHODS AND RESULTS	
B. SURGICAL DEVICES – HOW THEY WORK, SAFETY, AND EFFICACY	
<i>IV. POSTOPERATIVE ASSESSMENT AND MANAGEMENT, INCLUDING ROUTINE ISSUES, COMPLICATIONS, WEIGHT REGAIN, AND RECURRENCE OF COMORBIDITIES</i>	30%
A. POSTOPERATIVE CARE	
B. EARLY POSTOPERATIVE COMPLICATIONS – DIAGNOSIS AND MANAGEMENT	
C. OTHER POSTOPERATIVE COMPLICATIONS – DIAGNOSIS AND MANAGEMENT	
D. REVISIONAL BARIATRIC SURGERY FOR MANAGEMENT OF COMPLICATIONS	
E. REVISIONAL BARIATRIC SURGERY FOR SUBOPTIMAL WEIGHT LOSS, EXCESSIVE WEIGHT LOSS, OR WEIGHT REGAIN	
F. PHARMACOTHERAPY	



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V. SPECIAL POPULATIONS	7.5%
A. AGE-SPECIFIC POPULATIONS	
B. COMORBIDITIES AND PREGNANCY	

*Approximate percentage of questions to be included in the [exam name].
Actual percentages may vary slightly from year to year.

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